









WEEK ONE MENU



	Academy Main	Veggie Main	Academy Snack	Sides	Academy Garden	Available Daily
MONDAY	Pasta Carbonara with a Garlic Slice 	Veggie Fried Rice	Pizza Slice 	Steamed 50/50 Rice	Deli Salad or Homemade Coleslaw	Wrap of the Day Baked Potatoes Pasta and Sauce
TUESDAY	Chicken Strips In a Wrap 	Vegetable Stir Fry	Homemade Sausage Roll	Baked Wedges	Sweetcorn	Wrap of the Day Baked Potatoes Pasta and Sauce
WEDNESDAY	Roast Beef and Yorkshire Pudding	Mac & Cheese with Garlic Bread 	Chicken Burger 	Roasted Potatoes	Garden Peas & Sliced Carrots	Wrap of the Day Baked Potatoes Pasta and Sauce
THURSDAY	Sausage and Mash	Veggie Bangers	Donner Kebab Wrap	Mashed Potato	Baked Beans	Wrap of the Day Baked Potatoes Pasta and Sauce
FRIDAY	Catch of the Day	Chef's Choice	Homemade Chicken Curry 	Chips	Garden Peas & Baked Beans	Wrap of the Day Baked Potatoes Pasta and Sauce

Food Allergies & Intolerance If you require information on allergens or suffer from a food intolerance please speak to a team member before you order your food or drinks.







**SEASONAL
KITCHEN**



WEEK TWO MENU



	Academy Main	Veggie Main	Academy Snack	Sides	Academy Garden	Available Daily
MONDAY	Tomato and Basil Pasta Bake	Veggie Bolognese	Homemade Jumbo Sausage Roll	Garlic Bread Slice	Deli Salad or Coleslaw	Wrap of the Day Baked Potatoes Pasta and Sauce
TUESDAY	Beef Lasagne, served with Garlic Bread	Macaroni Cheese with Garlic Bread 	Chicken Bites in a Wrap 	Spicy Wedges	Deli Salad	Wrap of the Day Baked Potatoes Pasta and Sauce
WEDNESDAY	Roast Gammon	Vegetable Lasagne with Homemade Garlic Bread	Beefburger 	Roast Potatoes	Diced Carrots & Spring Greens	Wrap of the Day Baked Potatoes Pasta and Sauce
THURSDAY	Chicken & Vegetable Pie	Vegan Chickpea Curry served with Rice	Meatball Marinara Sub	Diced Herby Potatoes	Broccoli	Wrap of the Day Baked Potatoes Pasta and Sauce
FRIDAY	Catch of the Day	Chef's Choice	Homemade Chicken Curry 	Chips	Garden Peas & Baked Beans	Wrap of the Day Baked Potatoes Pasta and Sauce

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SEASONAL KITCHEN



WEEK THREE MENU



	Academy Main	Veggie Main	Academy Snack	Sides	Academy Garden	Available Daily
MONDAY	Pasta Bolognaise with a Garlic Slice	Mixed Vegetable Burrito	Chicken Burger 	Herby Diced	Deli Salad	Wrap of the Day Baked Potatoes Pasta and Sauce
TUESDAY	Chicken Strips on a Wrap with Sauce 	Pizza Slice 	Homemade Jumbo Sausage Roll	Baked Wedges	Deli Salad or Coleslaw	Wrap of the Day Baked Potatoes Pasta and Sauce
WEDNESDAY	Roasted Topside Of Beef	Cheese & Tomato Quiche	Chicken Burrito 	Roast Potatoes	Mashed Carrot & Swede	Wrap of the Day Baked Potatoes Pasta and Sauce
THURSDAY	Cottage Pie	Mac & Cheese with a Garlic Slice 	Crispy Chicken Wrap 	Baked Wedges	Sweetcorn	Wrap of the Day Baked Potatoes Pasta and Sauce
FRIDAY	Catch of the Day	Chef's Choice	Homemade Chicken Curry 	Chips	Garden Peas & Baked Beans	Wrap of the Day Baked Potatoes Pasta and Sauce

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