



HALF TERM 4 FEB - APR	Lesson 1	Lesson 2	Lesson 3
<b>TOPIC (S)</b>  <b>How do I revise successfully?</b>	<b>Topic: How does learning work?</b>  <b>LO: To identify different types of learning</b> <b>LO: To understand the psychology of memory</b> <b>LO: To analyse the MSM</b>	<b>Topic: Which revision strategies might work?</b>  <b>LO: To know strategies for revision</b> <b>LO: To understand which strategies may work for us</b> <b>LO: To create a revision timetable</b>	<b>Topic: Why should I revise?</b>  <b>LO: To identify why we learn</b> <b>LO: To understand the link between effort and wellbeing</b> <b>LO: To evaluate our opportunities</b>
<b>Knowledge &amp; Skills development</b>	<b>Personal Development Core Themes: Health and Wellbeing and Living in the Wider World</b> H7. a broad range of strategies — cognitive and practical — for promoting their own emotional wellbeing, for avoiding negative thinking and for ways of managing mental health concerns H10. how to recognise when they or others need help with their mental health and wellbeing; to explore and analyse ethical issues when peers need help; strategies and skills to provide basic support and identify and access the most appropriate sources of help H11. to make informed lifestyle choices regarding sleep, diet and exercise R9. to recognise, clarify and if necessary challenge their own values and understand how their values influence their decisions, goals and behaviours L2. to evaluate their own personal strengths and areas for development and use this to inform goal setting		
<b>Assessment / Feedback Opportunities</b>	Targeted questioning/Written work	Targeted questioning/Written work	Summative assessment
<b>Cultural Capital</b>	<ul style="list-style-type: none"> <li>Resilience and self help</li> <li>Opportunities to reflect on learning of topics and on own viewpoint on topics</li> </ul>		
<b>SMSC / Promoting British Values</b> (Democracy, Liberty, Rule of Law, Tolerance & Respect)	<ul style="list-style-type: none"> <li>Promotion of tolerance/respect</li> <li>Understanding of significance of actions in life</li> <li>Attitudes towards mental health</li> <li>Promoting emotional wellbeing</li> <li>Healthy and unhealthy coping strategies</li> </ul>		
<b>Reading opportunities</b>	‘I Hate Revision: Study Skills and Revision Techniques for GCSE, A-level and Undergraduate Exams’ by Robert Blakey		
<b>Key Vocabulary</b>	Psychology, strategies, resilience		
<b>Digital Literacy</b>	<ul style="list-style-type: none"> <li>Homework research</li> <li>Video research</li> </ul>		
<b>Careers</b>	Anything people related, for example the Police, the NHS, law, customer service.		