



HALF TERM 5 APR - MAY	Lesson 1	Lesson 2	Lesson 3
TOPIC (S) Rights and Responsibilities	<u>Topic: What rights do I have?</u> LO: To assess whether human rights are religious rights LO: To understand how to use my rights LO: To identify some human rights	<u>Topic: What responsibilities do I have to myself?</u> LO: To identify strategies to help make informed choices regarding drink and drugs LO: To understand media and body image and its impact on people LO: To recognise warning signs in my own health and wellbeing	<u>Topic: What are my responsibilities to others?</u> LO: To consider how helpful religious teachings can be to us LO: To understand the need to treat others with respect (Sexual Harassments/Prejudice/Tolerance) LO: To identify how we can help each other
Knowledge & Skills development	Personal Development Core Themes: Health and Wellbeing and Relationships H19. the consequences of substance use and H3. how different media portray idealised and artificial body shapes; how this influences body satisfaction and body image and how to critically appraise what they see and manage feelings about this H5. the characteristics of mental and emotional health; to develop empathy and understanding about how daily actions can affect people's mental health H9. the importance of and ways to pre-empt common triggers and respond to warning signs of unhealthy coping strategies, such as self-harm and eating disorders in themselves and others [NB It is important to avoid teaching methods and resources that provide instruction on ways of self-harming, restricting food/ inducing vomiting, hiding behaviour from others etc., or that might provide inspiration for pupils who are more vulnerable (e.g. personal accounts of weight change). H10. how to recognise when they or others need help with their mental health and wellbeing; to explore and analyse ethical issues when peers need help; strategies and skills to provide basic support and identify and access the most appropriate sources of help H11. to make informed lifestyle choices regarding sleep, diet and exercise H12. the benefits of having a balanced approach to spending time online H13. to identify, evaluate and independently access reliable sources of information, advice and support for all aspects of physical and mental health H16. how to take increased personal responsibility for maintaining and monitoring health including cancer prevention, screening and self-examination H17. to assess and manage risks associated with cosmetic and aesthetic procedures, including tattooing, piercings and the use of sunbeds H19. the consequences of substance use and misuse for the mental and physical health and wellbeing of individuals and their families, and the wider consequences for communities		

		<p>H20. wider risks of illegal substance use for individuals, including for personal safety, career, relationships and future lifestyle</p> <p>H21. to identify, manage and seek help for unhealthy behaviours, habits and addictions including smoking cessation</p> <p>R1. the characteristics and benefits of strong, positive relationships, including mutual support, trust, respect and equality</p> <p>R5. the legal rights, responsibilities and protections provided by the Equality Act 2010</p> <p>R14. the opportunities and potential risks of establishing and conducting relationships online, and strategies to manage the risks</p> <p>R15. the legal and ethical responsibilities people have in relation to online aspects of relationships</p> <p>R19. about the impact of attitudes towards sexual assault and to challenge victimblaming, including when abuse occurs online</p> <p>R20. to recognise the impact of drugs and alcohol on choices and sexual behaviour</p> <p>R25. the importance of parenting skills and qualities for family life, the implications of young parenthood and services that offer support for new parents and families</p> <p>R26. the reasons why people choose to adopt/foster children</p> <p>R28. to recognise when others are using manipulation, persuasion or coercion and how to respond</p> <p>C5. human rights and international law</p>	
Assessment / Feedback Opportunities	Book work/Targeted questioning/Worksheet/Written responses	Book work/Targeted questioning/Worksheet/Written responses	Book work/Targeted questioning/Worksheet/Written responses
Cultural Capital	<ul style="list-style-type: none"> Human rights and global issues 		
SMSC / Promoting British Values (Democracy, Liberty, Rule of Law, Tolerance & Respect)	<ul style="list-style-type: none"> Understanding of main influence on British culture Promotion of tolerance/respect Understanding of significance of actions in life 		
Reading opportunities	<p>Here I Stand: Stories that Speak for Freedom</p> <p>‘The Hate U Give’ by Angie Thomas</p>		
Key Vocabulary	<p>Harassment</p> <p>Prejudice</p> <p>Tolerance</p> <p>Wellbeing</p>		
Digital Literacy	<ul style="list-style-type: none"> Homework research Video research 		
Careers	Anything people related, for example the Police, the NHS, law, customer service.		