



HALF TERM 4 March-April	Teacher A Lesson 1-12	Teacher B Lesson 1-6	Teacher C Lesson 1-12
TOPIC (S) Completion of any outstanding tasks for Unit 5	Objective: To complete coursework assignments to achieve the highest grading Focus on Distinction tasks Pupils should be able to analyse their own administration of selected fitness tests against practicality, suitability and ethical guidelines justifying suggestions for improvement Pupils should be able to justify their fitness profile including areas for improvement related to their selected sport	Objective: To complete coursework assignments to achieve the highest grading Focus on Distinction tasks Pupils should be able to justify their fitness profile for a sports performer including identified areas for improvement related to their selected sport. Pupils should be able to evaluate the effectiveness of the methods they used to test the components of fitness and provide feedback to sports performers	Objective: To complete coursework assignments to achieve the highest grading Focus on Distinction tasks Pupils should be able to analyse their own administration of selected fitness tests against practicality, suitability and ethical guidelines justifying suggestions for improvement Pupils should be able to justify their fitness profile including areas for improvement related to their selected sport
Knowledge & Skills development			
Assessment / Feedback Opportunities	Teacher – verbal and written feedback Teacher – summative assessment –Internal assessment and moderation.		
Cultural Capital			
SMSC / Promoting British Values (Democracy, Liberty, Rule of Law, Tolerance & Respect)	Listening to others Responding suitable in discussions Taking part in group activities Demonstrating resilience and determination		
Reading opportunities	BTEC National Sport student Book 1		
Key Vocabulary	Analyse, Assess, Compare, Create/construct, Discuss, Demonstrate, Evaluate, Examine, Explore, Identify, Interpret, Investigate, Justify, Manage, Report, Research, Review, Stage, Manage, Undertake.		
Digital Literacy	www.eis2win.co.uk www.ukzca.org.uk www.bases.org.uk www.nhs.uk/livewell		
Careers	Fitness instructor. Personal coach, Personal Trainer		