



MAGHULL HIGH SCHOOL – CURRICULUM MAP

HALF TERM 4 March-April	Theory Lessons (3 lessons over 2 week timetable) 9 lessons	Practical Lessons 6 lessons
Component 1 coursework	<p>Objective: Component 1: Understand the body and the supporting technology for sport and activity. Students to complete any outstanding work on C1-C2</p> <p>Learning Aim C: Understand the use of technology for sport and activity C3- Limitations of technology to sport and activity Learners will develop an understanding of the limitations of technology.</p> <p>Focus on distinction tasks for Component 1 (sporting examples) Learners will evaluate the extent to which different sports activities benefit from adaptations to the musculoskeletal and cardiorespiratory systems. Learners will analyse common sports injuries in a chosen sport or activity, recommending rehabilitation, including the use of technology. Learners will assess the benefits and limitations of technological advances in sport and activity, using clear sporting examples.</p>	<p>Objective Continue to develop leadership skills through practical lessons. Developing knowledge and understanding of the skills and attributes of a successful sports leader. Assess the different leadership styles and their contribution to being a successful sports leader through practical lessons</p>
Knowledge & Skills development	Understand the limitations of technology. Research and analytical skills Extending their existing assignments by analysing and evaluating using clear sporting examples.	
Assessment / Feedback Opportunities	Coursework assignments set and feedback given verbally and written Do now activities link to practical/exam content	
Cultural Capital	Awareness of leadership opportunities in the local sports industry Celebration of school extra-curricular involvement and success Role models	
SMSC / Promoting British Values (Democracy, Liberty, Rule of Law, Tolerance & Respect)	Listening to others Responding suitable in discussions Taking part in group activities Working closely with a partner	
Reading opportunities	BTEC Tech Award Book	
Key Vocabulary	Participants, coach, officials, evaluate, adaptations, analyse, rehabilitation, limitations, benefits, assess	
Digital Literacy	Research on relevant websites. Reference to videos	

Careers	Fitness instructor. Personal coach, Personal Trainer
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